



Cold Medicines

WARNING: DO NOT GIVE THESE MEDICINES TO CHILDREN LESS THAN 4 YEARS OLD. Do not combine medications or give more than specified. [Increasing evidence indicates that the risks of these medicines may outweigh their benefits. \(http://www.cdc.gov/Features/PediatricColdMeds/\)](http://www.cdc.gov/Features/PediatricColdMeds/) Therefore, we generally discourage their use and specifically are concerned about the consequences of use in our toddlers.

	May Give Every	24-35 lbs. 2-3 yr.	36-47 lbs. 4-5 yr.	48-59 lbs. 6-8 yr.	60-85 lbs. 9-11 yr.
Benadryl Syrup	6 hours	Do Not Give	Call Your Pediatrician	10 ml 2 tsp.	10 ml 2 tsp.
Dallergy Syrup	4 - 6 hours			5 ml 1 tsp.	7.5 ml 1 1/2 tsp.
Dimetapp Elixir	6 hours			10 ml 2 tsp.	15 ml 3 tsp.
Nyquil (purple) Syrup	4 - 6 hours			10 ml 2 tsp.	15 ml 3 tsp.
Pediacare Cough-Cold Syrup	4 - 6 hours			10 ml 2 tsp.	12.5 ml 2 1/2 tsp.
Sudafed Syrup	6 hours			5 ml 1 tsp.	7.5 ml 1 1/2 tsp.
Triaminic (orange) Syrup	4 hours			5 ml 1 tsp.	7.5 ml 1 1/2 tsp.

NOTE: The American Academy of Pediatrics (AAP) recommends that dosages be administered in milliliters (ml).

