

Child's Bedroom

- Bed away from windows, and windows locked.
- Shorten window covering cords & keep well out of reach.
- ☐ Chests, dressers, & cabinets secured to walls.
- Lamps, heaters, and cords away from cribs.
- Only safety-approved sleeping furniture.

Other Bedrooms

- ☐ Door locked when not supervising.
- Poisons and medicines locked away—even in purses and coat pockets.
- Firearms and ammunition properly locked away.
- ☐ Smoke and carbon monoxide detectors working.
- ☐ Plastic bags (dry-cleaning, etc.) out of reach.

Garage & Utility

- Exterior doors, basement, & attic access locked.
- ☐ Parked cars lcoked—never let kids play in cars.
- ☐ Lawn chemicals securely latched in bins.
- ☐ Safety detection on automatic doors working.

Everywhere

- ☐ Tall, tippy objects secured or removed.
- ☐ Toxic houseplants removed.
- Remotes and other battery-containing gadgets out of reach.
- ☐ High-up latches securing exterior doors.
- Only stair-specific safety gates installed at tops of stairways.

Kitchen

- ☐ Safety latches on cabinets & drawers.
- Dangling objects (cords, tablecloths) removed.
- Highchair in sight, but away from heat.
- Magnets moved up out of reach.
- Fire extinguisher handy, but secure.
- Pets fed out of child's reach.
- Hot objects on back burner only.

Bathrooms

- ☐ Tub drained or door locked.
- ☐ Safety lock on toilet.
- ☐ Hot water temp. regulator installed.
- Non-stick decals or rubber mat on floor.
- Medicines and poisons locked away.
- ☐ Razors & hair dryers out of reach.

Laundry Room

- ☐ All chemicals well out of reach.
- ☐ Safety latches on appliance doors.
- ☐ Buckets of water never left on floor.
- Pockets emptied before garments are sorted or stored at floor level.

Utah Poison Control:

1 (800) 222-1222

poisoncontrol.utah.edu



24/7 pediatric help, a free call away:

801-922-5200